

UnitedHealthcare Approved Professional Society Guidelines

UnitedHealthcare Community Plan has identified evidence-based clinical guidelines and resources to guide our quality and health management programs. The following table lists those clinical guidelines and the websites where they can be found. UnitedHealthcare Community Plan respects the expertise of physicians and other health care professionals who participate in our network. We appreciate the collaboration to promote better health, improve health outcomes and lower overall costs to offer our members an exceptional patient experience.

| Topic | Link to Guideline | Organization |
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| Asthma | 2023 Global Initiative for Asthma (GINA) | Global Initiative for Asthma (GINA) |
| | 2007 National Asthma Education and Prevention Program (NAEPP) Expert Panel Report 3 Guidelines for the Diagnosis and Management of Asthma | National Asthma Education and Prevention Program (NAEPP) |
| | 2020 Focused Updates to the NAEPP Asthma Management Guidelines | National Asthma Education and Prevention Program (NAEPP) |
| Atrial Fibrillation | 2014 AHA/ACC/HRS Guideline for the Management of Patients with Atrial Fibrillation | American Heart Association/ American College of Cardiology/ Heart Rhythm Society |
| | 2019 AHA/ACC/HRS Focused Update of the 2014 AHA/ACC/HRS Guideline for the Management of Patients with Atrial Fibrillation | American Heart Association/ American College of Cardiology/ Heart Rhythm Society |

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| Behavioral Health Clinical Practice Guidelines | Practice Parameters Assessment and Treatment of Children and Adolescents with Anxiety Disorders (2020) Assessment and Treatment of Children and Adolescents With Major and Persistent Depressive Disorders (2022) Autism (2014) Child and Adolescent Behavioral Health Care in Community Systems of Care (2022) Collaborative Mental Health Care for Children and Adolescents in Pediatric Primary Care (2022) Eating Disorders (2015) Principles of Care for Treatment of Children and Adolescents with Mental Illnesses in Residential Treatment Centers (2010) Reactive Attachment Disorders (2016) Telepsychiatry with Children and Adolescents (2017) | American Academy of Child & Adolescent Psychiatry |
| | Initial Evaluation, Diagnosis and Treatment of Anorexia Nervosa and Bulimia Nervosa (2015) | American Academy of Family Physicians |
| | Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents (2019) Identification and Management of Eating Disorders in Children and Adolescents (2021) Identification, Evaluation, and Management of Children with Autism Spectrum Disorder (2020) | American Academy of Pediatrics |
| | Pharmacological Treatment of Patients with Alcohol Use Disorder (2018) Psychiatric Evaluation of Adults (2015) Treatment of Patients with Schizophrenia (2021) Use of Antipsychotics to Treat Agitation or Psychosis in Patients With Dementia (2016) | American Psychiatric Association |
| | Evaluation of Dementia and Age-Related Cognitive Change (2021) Psychological Assessment and Evaluation (2020) Treatment of Depression Across Three Age Cohorts (2019) Treatment of Posttraumatic Stress Disorder (PTSD) in Adults (2017) | American Psychological Association |
| | Alcohol Withdrawal Management (2020) Treatment of Opioid Use Disorder (2020) | American Society of Addiction Medicine |

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| Behavioral Health Clinical Practice Guidelines | Guidance on Strategies to Promote Best Practice in Antipsychotic Prescribing for Children and Adolescents (2019) National Guidelines for Behavioral Health Crisis Care Toolkit (2020) Prevention and Treatment of Anxiety, Depression and Suicidal Thoughts and Behaviors Among College Students (2021) Psychosocial Interventions for Older Adults with Serious Mental Illness (2021) Treatment for Suicidal Ideation, Self-Harm and Suicide Attempts Among Youth (2020) Treatment Improvement Protocol 63: Medications for Opioid Use Disorder (2020 Update) | Substance Abuse and Mental Health Services Administration | |
| | Assessment and Management of Patients at Risk for Suicide (2019) Major Depressive Disorder (2022) Posttraumatic Stress Disorder (PTSD) (2017) Substance Use Disorder (2021) | U.S. Department of Veterans Affairs/ Department of Defense (VA/DoD) | |
| | Louisiana Medicaid Assessment and Treatment of Children and Adolescents With Bipolar Disorder (2007) Treatment of Oppositional Defiant Disorder (2007) | American Academy of Child and Adolescent Psychiatry (AACAP) | |
| | Louisiana Medicaid Treatment of Patients With Bipolar Disorder, 2nd Edition (2002) Guideline Watch (2005) | American Psychiatric Association | |
| | Pharmacological Treatment of Eating Disorders (2011) | World Federation of Societies of Biological Psychiatry | |
| | Cardiovascular Disease: Primary Prevention | 2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease | American College of Cardiology/ American Heart Association |
| | Cervical Cancer Screening | 2018 Cervical Cancer: Screening – Final Recommendation Statement | U.S. Preventive Services Task Force (USPSTF) |
| Chest Pain | 2021 AHA/ACC/ASE/CHEST/ SAEM/SCCT/SCMR Guideline for the Evaluation and Diagnosis of Chest Pain | American Heart Association/ American College of Cardiology et al. | |
| Cholesterol Management | 2018 AHA/ACC/AACVPR/AAPA/ABC/ACPM/ADA/AGS/ APhA/ASPC/NLA/PCNA Guideline on the Management of Blood Cholesterol | American Heart Association/ American College of Cardiology et al. | |
| Chronic Obstructive Lung Disease (COPD) | 2023 Global Strategy for the Diagnosis, Management and Prevention of COPD | Global Initiative for Chronic Obstructive Lung Disease (GOLD) | |

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| Coronavirus Disease 2019 (COVID-19) | Coronavirus Disease 2019 (COVID-19) Treatment Guidelines | National Institutes of Health |
| Dementia | Treatment of Patients with Alzheimer’s Disease and Other Dementias, 2nd edition (2007) | American Psychiatric Association |
| | Guideline Watch (October 2014) | |
| Diabetes | 2023 Standards of Medical Care in Diabetes | American Diabetes Association |
| Dietary Guidelines | Dietary Guidelines for Americans, 2020-2025, Ninth Edition | U.S. Departments of Agriculture (USDA) and Health and Human Services (HHS) |
| Heart Failure | 2022 AHA/ACC/HFSA Guideline for the Management of Heart Failure | American Heart Association/ American College of Cardiology/ Heart Failure Society of America |
| Hemophilia | Guidelines for the Management of Hemophilia, 3rd edition (2020) | World Federation of Hemophilia |
| Human Immunodeficiency Virus (HIV) | Clinical Info: Guidelines for the Prevention and Treatment of Opportunistic Infections in Adults and Adolescents with HIV | U.S. Department of Health and Human Services |
| | Clinical Info: Guidelines for the Use of Antiretroviral Agents in Adults and Adolescents with HIV | |
| Hypertension | 2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation and Management of High Blood Pressure in Adults | American College of Cardiology/ American Heart Association et al. |
| Kidney Disease | National Kidney Foundation Kidney Disease Outcomes Quality Initiative (NKF KDOQI)™ | National Kidney Foundation |
| Obesity | 2020 VA/DoD Clinical Practice Guideline for the Management of Adult Overweight and Obesity | U.S. Department of Veterans Affairs/ Department of Defense |
| | Bright Futures, 4th edition, 2017 Guidelines for Health Supervision of Infants, Children, and Adolescents Promoting Healthy Weight | American Academy of Pediatrics |
| Perinatal Care | Guidelines for Perinatal Care, 8th edition, 2017 | American Academy of Pediatrics and American College of Obstetricians and Gynecologists Note: A user ID and password may be required to access this resource. See the state- specific portal for access instructions. Log in ID (Institution): cpgacog@uhc.com Password: Acogcpg#1 Alternatively, the book can be purchased from the American Academy of Pediatrics |

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| Perinatal Care | Society for Maternal-Fetal Medicine (SMFM) Clinical Guidelines | Guidelines are searchable by topic |
| Persons with Disabilities | 2022 Guidelines for Assessment and Intervention with Persons with Disabilities | American Psychological Association |
| Physical Activity | 2018 Physical Activity Guidelines for Americans, 2nd edition | U.S. Department of Health and Human Services |
| Preventive Pediatric Health Care Screening | 2023 Recommendations for Preventive Pediatric Health Care | American Academy of Pediatrics/ Bright Futures |
| Preventive Services | Recommendations for Primary Care Practice | U.S. Preventive Services Task Force (USPSTF) |
| Sepsis | The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3) | The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3) |
| | Surviving Sepsis Campaign: International Guidelines for Management of Sepsis and Septic Shock 2021 | Surviving Sepsis Campaign/Society of Critical Care Medicine |
| Sickle Cell Disease | <ul style="list-style-type: none"> • Cardiopulmonary and Kidney Disease • Cerebrovascular Disease • Management of Acute and Chronic Pain • Stem Cell Transplantation • Transfusion Support | American Society of Hematology |
| Special Health Care Needs | 2017 Standards for Systems of Care for Children and Youth with Special Health Care Needs Version 2.0 | Association of Maternal and Child Health Programs (AMCHP) and the National Academy for State Health Policy (NASHP) |
| Tobacco Use | 2018 Expert Consensus Decision Pathway on Tobacco Cessation Treatment | American College of Cardiology |
| Violence and Abuse | 2016 AMA Code of Medical Ethics Section 8.10 Preventing, Identifying and Treating Violence and Abuse | American Medical Association Note: Full guideline is freely available, but registration may be required. |