



# Quality care for adults with I/DD

### About this training

This is an on-demand, continuing education (CE) course that reviews sensitive and competent care for adults with intellectual and developmental disabilities (I/DD). This training is presented by renowned physicians specializing in developmental medicine and rehabilitation. Discover tips and best practices related to:

- Person-centered communication
- Nonverbal expression
- Comfort tools
- Supported decision making
- Comprehension and diagnostic overshadowing
- Pain and behavior changes
- Medication reviews

**“Nothing about us without us”**  
 – Disability movement slogan

### Who should take this training?

The course is designed for any health care professional who cares for individuals with I/DD.

### Which CE credits are available?

2.00 CME, NCPD, ACPE-P(T), APA, ASWB, CCMC, CDR, COPE or NBC-HWC credits are available following the completion of this course.

### Where to access the training

You can find the course, Providing quality care for adults with intellectual and developmental disabilities, at [optumhealtheducation.com/idd-series-2021](http://optumhealtheducation.com/idd-series-2021).

### Additional I/DD resources



Health needs of individuals with I/DD



Fillable form to provide to an adult with I/DD or caregiver



Promoting self-direction in I/DD services