

UnitedHealthcare Pharmacy  
Clinical Pharmacy Programs

Program Number	2023 P 1056-12
Program	Prior Authorization/Notification
Medication	Korlym <sup>®</sup> (mifepristone)
P&T Approval Date	4/2012, 4/2013, 4/2014, 4/2015, 2/2016, 12/2016, 3/2017, 3/2018, 3/2019, 3/2020, 3/2021, 3/2022, 3/2023
Effective Date	6/1/2023; Oxford only: 6/1/2023

**1. Background:**

Korlym (mifepristone) is a cortisol receptor blocker indicated to control hyperglycemia secondary to hypercortisolism in adult patients with endogenous Cushing's syndrome who have type 2 diabetes mellitus or glucose intolerance and have failed surgery or are not candidates for surgery.

Korlym is not indicated for the treatment of type 2 diabetes mellitus unrelated to endogenous Cushing's syndrome.<sup>1</sup>

**2. Coverage Criteria<sup>a</sup>:**

<p><b>A. <u>Initial Authorization</u></b></p> <p>1. <b>Korlym</b> will be approved based on <b><u>all</u></b> of the following criteria:</p> <p>a. Diagnosis of endogenous Cushing's syndrome (i.e., hypercortisolism is not a result of chronic administration of high dose glucocorticoids)</p> <p style="text-align: center;"><b>-AND-</b></p> <p>b. <b><u>One</u></b> of the following:</p> <p>(1) Diagnosis of type 2 diabetes mellitus</p> <p>(2) Diagnosis of glucose intolerance</p> <p style="text-align: center;"><b>-AND-</b></p> <p>c. <b><u>One</u></b> of the following:</p> <p>(1) Patient has failed surgery</p> <p>(2) Patient is not a candidate for surgery</p> <p style="text-align: center;"><b>Authorization will be issued for 6 months.</b></p> <p><b>B. <u>Reauthorization</u></b></p> <p>1. <b>Korlym</b> will be approved based on the following criterion:</p>
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a. Documentation of **one** of the following:

- (1) Patient has improved glucose tolerance while on Korlym therapy
- (2) Patient has stable glucose tolerance while on Korlym therapy

**Authorization will be issued for 6 months.**

<sup>a</sup> State mandates may apply. Any federal regulatory requirements and the member specific benefit plan coverage may also impact coverage criteria. Other policies and utilization management programs may apply.

**3. Additional Clinical Rules:**

- Notwithstanding Coverage Criteria, UnitedHealthcare may approve initial and re-authorization based solely on previous claim/medication history, diagnosis codes (ICD-10) and/or claim logic. Use of automated approval and re-approval processes varies by program and/or therapeutic class.

**4. References:**

1. Korlym [Package Insert]. Menlo Park, CA: Corcept Therapeutics, Inc.; November 2019.

Program	Prior Authorization/Notification - Korlym (mifepristone)
<b>Change Control</b>	
4/2014	Annual review with update to background, reauthorization criteria and references.
4/2015	Annual review with update to reference.
2/2016	Annual review. Removed ‘not pregnant’ from criteria.
12/2016	Annual review. Updated formatting, background and references.
3/2017	Annual review with no changes to coverage criteria. Updated background and references.
3/2018	Annual review with no changes to coverage criteria. Updated references.
3/2019	Annual review with no changes.
3/2020	Annual review with no changes to coverage criteria. Updated references.
3/2021	Annual review with no changes to coverage criteria.
3/2022	Annual review. No changes.
3/2023	Annual review with no changes to coverage criteria. Added state mandate footnote.